



Good Shepherd Lutheran Church
118 E. Mason Street
Lena, Illinois 61048

Email: goodshepherdlena@outlook.com
Facebook: "GSLCLenaIL";
Website: www.GoodShepherdLena.org

HISTORY ON HYMN

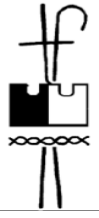
"Morning Has Broken" ELW 556

"Morning Has Broken" is a hymn that was first published in 1931. English author Eleanor Farjeon wrote the words which was inspired by the village of Alfriston in East Sussex, then set to the traditional Scottish Gaelic tune, "Bunessan". It can be found in the section of the ELW Hymnal for "Morning".

English pop musician and folk singer Cat Stevens included a version of the hymn on his album *Teaser and the Firecat* in 1971. The song became identified with Stevens due to the popularity of this recording.

The hymn originally appeared in the second edition of *Songs of Praise* in 1931. The tune the song is set to, "Bunessan", was composed in the Scottish Islands. In *Songs of Praise*, discussed, the editor, Percy Dearmer, explains that as there was a need for a hymn to give thanks for each day, English poet and children's author Eleanor Farjeon had been asked "to make a poem to fit the lovely Scottish Tune." A slight variation of the original hymn, also written by Eleanor Farjeon, can be found in the form of a poem contributed to the anthology *Children's Bells*, under Farjeon's new title, "A Morning Song (For the First Day of Spring)", published in 1957.

The hymn tune "Bunessan" was used in the *Revised Church Hymnary* and the Appendix to the *Irish Church Hymnal* and paired with the nativity text "Child in the Manger" by the Scottish Poet Mary MacDonald (1789–1872), who lived on the Isle of Mull and was born near the village of Bunessan, for which the tune is named. After its rise to popularity with Eleanor Farjeon's text, the tune was used for a number of hymns. The hymn "Baptized in Water" (ELW 456) by Michael Steward, "This Is a Day, Lord, Gladly Awaited" (ELW 586) by Jeffery Rowthorn and "Praise and Thanksgiving" (ELW 689) by Albert F. Bayly all use the hymn tune Bunessan which is a pleasant tune to sing.



August 2024 Newsletter
GOOD SHEPHERD LUTHERAN CHURCH
118 E. Mason, Lena, IL 61048 Phone # (815) 369-5552

I ' m a Lutheran: Carolyn Swenson

By John Potter, June 21, 2024

As a young adult, I left the conservative denomination I grew up in when I could no longer reconcile those beliefs with the diversity and complexity of the world. More than 20 years later I attended a music event at St. Paul and met the pastor, who turned out to be an exceptionally gifted teacher and homilist. He patiently helped me explore my doubts about Christianity and introduced me to Lutheran theology. Several years after joining St. Paul, I discovered the Order of Lutheran Franciscans, and I am now also a life-professed Franciscan.

I regularly serve as assisting minister, and it is an honor to help lead worship. St. Paul has been at the forefront of welcoming those who have been historically marginalized by the church and was an early Reconciling in Christ congregation. Participating in faith formation and education are also important to me. Our current pastor has guided us in exploring racism and white supremacy—issues that I feel are critical for the church to wrestle with and dismantle if we are serious about being true to the gospel.

I have discovered that the best way to nurture faith is to show up every week to practice it! Hearing the gospel proclaimed [and] experiencing the mystery of the liturgy and the healing wonders of music help sustain faith and hope for me.

I pursued public health because I became very interested in prevention. ... Public health views wellness as much more than the absence of disease and focuses on identifying and addressing the root causes of health inequities such as historical trauma. I currently focus on substance abuse and suicide prevention.

I chose nursing as a way to find meaningful work anywhere in the world, and that has been true for me. I've worked as a public health nurse on the Navajo reservation, with migrant farmworkers, and doing refugee relief work in Sudan.

Several years ago an interfaith coalition formed to address gun violence in Colorado. When they discovered that most firearm deaths are due to suicide, they decided to offer Question-Persuade-Refer (QPR) suicide prevention training for the general public, and I have been their volunteer trainer. The training focuses on how to recognize when a person might be thinking about suicide, and the skills to respond to offer hope and help them access support. I also train other groups. For example, I recently trained a group of veterinary leaders; veterinarians have a higher rate of suicide than many other professions.

One especially rewarding part of my work is to train school health professionals and others who work with youth on how to identify and respond to substance use and related problems from a framework of positive youth development, early intervention and restorative justice. Most people who develop an alcohol- or drug-use disorder first initiated substance use during adolescence.

Continued on page 4, Living Lutheran

Highlights from July Council Meeting

All members of Good Shepherd Lutheran Church Council were present for the July 11, 2024, meeting.

Devotions and snacks were provided by Dale and Donna Gullickson followed by check in.

Property Committee: Shirley Fox, representing the Property Committee, said a bid from Carpets By Kuniej LTD for carpeting stairs and south entrance to the sanctuary at both entrances had been accepted. The bid of \$4,000 was the lowest of those received.

Memorial Committee: Janis Kurth, Memorial Committee Chair, was also present and stated funds for the carpet project will come largely from designated memorial gifts of \$3,315. Undesignated funds will be used to make up the difference. There has not been a date set for the work. Kurth also presented a list of Memorial suggestions which is now out dated. Donna Gullickson made a motion to remove seven items from the list that are no longer needed. Those items include: VBS Pool Party, Web Site as Pastor Thomas is now providing this service: Front steps railings, Electric eternal light, Video camera, DVD player, Arm chairs. One item, Refurbishing Fellowship Hall, will be added to the list. The motion passed unanimously.

In other business, Fox said the Property Committee is ready to interview someone to clean the church on a regular basis. This person will be hired as a contractor and not as a church employee. Council asked that it be informed of the decision when it is reached.

The agenda was approved on a motion and second by Donna Gullickson with the addition of discussing Sunday School. The motion passed.

Secretary's Report: The June Secretary's Report was corrected by amending it to read Bibles were handed out to 3rd grade students instead of 5th graders. A motion to accept the Secretary's Report was then made. Motion passed.

Treasurer's Report: Treasurer Jay Andrews provided and reviewed the June report. A motion to accept the report was made. Council agreed unanimously.

Pastor's Report: Pastor Thomas presented his June report and it was accepted following a motion

Committee Reports:

All committee reports were also accepted.

Old Business:

Under old business, Dale Gullickson reported that she had been in contact with Nicor regarding budget billing. This plan allows the church to pay an average bill each month therefore banking money in the warm months to be applied to higher winter bills. The church can withdraw from the plan at any time. Motioned was made to accept this program. The motion passed unanimously.

Dale Gullickson also approached ComEd inquiring if a budget plan would be a benefit for electric bills, but learned the monthly charges do not vary significantly enough throughout the year to make the change.

A church member volunteer cleaning day was also discussed. A motion to have a Fall Clean Up Day Sat., Oct. 5, beginning at 9 am. All help will be appreciated. Council fully approved.

Continued on next page.

Continued from page 2, I'm a Lutheran: Carolyn Swenson

So much of nursing and public health is about accompanying and empowering individuals, families and communities. Most of the time, people know what is lacking in their lives and the best ways to improve their quality of life. So another part of my vocation is to advocate for equitable policies and allocation of resources, which is also what I am called to do as a Christian.

For me, prayer is more about listening than talking, especially listening for what it means to align my life with God's will for the world.

To me grace means that *nothing* can separate us from the love of God—and even our ability to trust in that love is a gift.

Source: Living Lutheran, ELCA.org

Council Highlights, Continued from previous page.

Donna Gullickson introduced the topic of re-establishing Sunday School. Following discussion of the proposal, Gullickson moved to continue looking into Sunday School for preschoolers. The motion passed. A superintendent will also be required as well as two teachers per classroom.

With no further business, a motion to adjourn seconded. The Council agreed by standing and reciting The Lord's Prayer.

The next meeting will be 6:30 pm Aug. 8, 2024.

Respectfully submitted,
Secretary Darci Meier

Treasurer's Report

Jay Andrews

Income June 2024	\$5,180.00
Expenses June 2024	<u>\$7,029.11</u>
Net Income (Loss)	\$(1,849.11)
Income, Year to Date 2024	\$45,136.99
Expenses, Year to Date 2024	<u>\$62,015.97</u>
Net Income (Loss)	\$(16,878.98)

Outdoor Worship

Sunday, August 11th at 10:30am

There will be potluck luncheon after worship! The Men's Group will be cooking hot dogs and hamburgers. You may also bring along a lawn chair. Please bring a dish to pass.

Lena Lions Fall Festival, September 6th and 7th

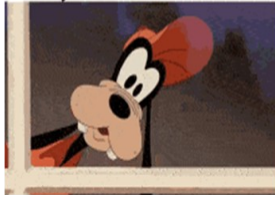
"The Cadillac of Small Town Festivals"

Good Shepherd will again be having a float in the Lena Lions Fall Festival Parade along with the Hospitality Tent uptown.

Volunteers will be needed to help decorate the truck for the parade and to greet guests in the Hospitality Tent during the festival. If you would like to volunteer, sign up sheet is available in the hallway going into Fellowship Hall or you could call the church office at 815-369-5552.

SUNDAY SCHOOL TEACHERS *Anyone there?*

Good Shepherd Church Council is looking into re-establishing Sunday School. We are looking for volunteers who are willing to teach a class or to be an assistant. If you are interested please call or email the church office.



If you know of any youth who may be interested in Sunday School consider inviting them along.

Church Council



Good Shepherd's Annual Meeting will be here soon, it's time to start thinking about nominations for Council. When our congregation gets involved new ideas emerge. New members can bring new ideas to the council and help the church to thrive.

CHOIR and CHIME

*Practice will begin on
September 8*

*Bells are from 10:45-11:15;
Choir from 11:15-11:45
every Sunday*



Good Shepherd Volunteers

*If you are available
to assist on Sunday
for Worship Service
we are currently
looking for volun-*

I WANT YOU

teers for help in these areas;

Elevator Operator

Sound System

Ushers

Lectors

Communion Assistants

*If you are able to help in any of
these areas please let the church
office know of your availability.*

*We are looking for
1 adult or 1-2 youth volunteers at the
Le-Win Food Pantry*

*Good Shepherd will be at the Le-Win Food
Pantry on Saturday, Food Pantry hours are
8:30am-11:30 pm, volunteers are needed for
upcoming months of October 26th and
December 28th. If you are interested, put your
name on the sign up sheet at the ramp or
contact the church office at 815-369-5552.*

Thank you

A sincere thank you to the Good Shepherd family for the outpouring of prayers, assistance, cards, and memorials upon my mother, Leona Block's recent passing. I feel truly blessed by your kindness, caring, and support. A special thank you to Pastor Thomas Mosbo for his beautiful, touching gravesite service for Mother. It was lovely to greet many of you in fellowship at her Celebration of Life. It is heartwarming to know how she touched your lives. My love will always be with all of you at Good Shepherd.

*Blessings,
Pam Block*



**2024 ANNUAL CONVENTION
GOD IS OUR REFUGE**

“God is our refuge and strength, an ever-present help in trouble.” Psalm 46:1

September 21, 2024 from 9 a.m.- 3 p.m.

Zion Lutheran Church

250 East Street South, Kewanee

Morning Message: Julie Monnard

Assistant to the Bishop, Northern Illinois Synod

Keynote Speakers:

Rev. Dr. Ruben Duran and Christine Moolo,

Members of the ELCA AMMPARO Executive Committee

Cost is \$40, scholarships are available



**Norwest Conference WELCA
2024 Afternoon Fall Gathering**

Trinity Lutheran Church

8393 S. Derinda Road

Elizabeth, IL 61027

Thursday, August 15, 2024

Time: 12:30pm registration, Program 1:00pm

Followed with fellowship and refreshments

Cost \$10.00

Program: Pleasant Hope Music (Mai Family)

Gospel, Bluegrass, Country

A freewill offering will be taken

Return Lower portion of flier to registrar by August 1, 2024

Open to all women of the ELCA & guest

Checks payable to: NW Conference WELCA (\$10)

Return to: Nancy Rice 815-275-0303

1175 E. Greenvale Road

Stockton, IL 61085

Name: _____ Phone: _____

Address: _____ City & Zip _____

Congregation Unit: _____

Youth Corner

Riddle me this;

I chose to climb a sycamore tree to see Jesus and invited him to come to my house, even though other people sneered at me. Who am I?



Bible Pathway Adventures

WORD SEARCH

KINGS OF THE BIBLE

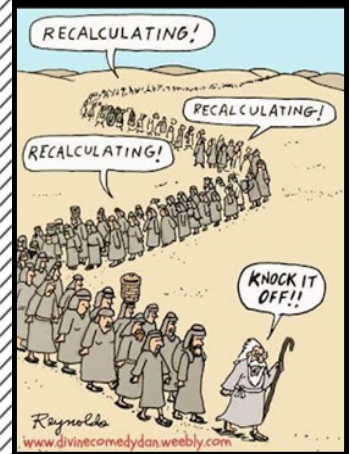
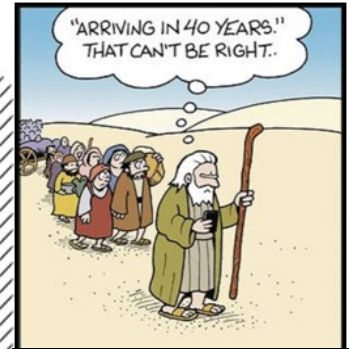
Y S A E P J X B J F X Y N Z S G F T G F
 U Q M H Z N W C K E W Z L T Q V I D E Z
 N J O L L N W D R T B B C Y X O C A S E
 W K N V J W C R K H L E T E K M A V U D
 F K A J X U S O N W O L V B R T Z I W E
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 A B S U Y E S H U A E L Q F P S S L O A
 B C S O L O M O N G K C A X K A U R I N
 I Z V J O S I A H G V Y Y Q N U U X P A
 J R X Z J S K J P X Z P G R X L D K Q S
 A L L R E H O B O A M F P I U C J K T S
 H S Q K T O C K Y L F O H C H S M Q M E
 I C P D D U F W F R K G O S C T P Y Y H
 M H U O O Z E G M U Z Z I A H U B B P L

SOLOMON
 DARIUS
 CYRUS
 DAVID
 AMON
 ABIJAH

AHASUERUS
 UZZIAH
 HOSHEA
 MANASSEH
 BELSHAZZAR
 YESHUA

JEROBOAM
 ZEDEKIAH
 REHOBOAM
 SAUL
 BALAK
 JOSIAH

MOSES LOST IN THE DESERT...YEAR 40



Why didn't Noah go fishing?



Answer:
 Zacheaus
 Source:
 RD.COM Knowledge
 Brain Games

For more free Bible resources and Teacher Packs including coloring pages, worksheets, quizzes and more visit our website at: www.biblepathwayadventures.com



Answer:
 Because he only had 2 worms.

We lift our Prayers for:

Lynn Lyvers, Jerry, Fern Harnish, Taylor B., Denny Bergmann, Rene', Paul Fahr, Gary Hudik, Brady Meier, Virgil Martin, Tena Rackow, Marilyn Fulfs, Richard Frietag, Todd Schlachter, Connor Stadermann, Brooke, Jon Forsythe, Diane, Randy, Brian, Paul Heller, Janet, Ryse Stone, Nicole, Meghan and her baby, John, Chuck, Joyce, Terri, Tina, Julie, Jamie, Crystal, Katie, Christian, Anna, Abby, Karla, Jacob and his family, Richard Gordon, Kay, Shanna, Kathy, Charlie, Brad, Jack, Tina, Joe, Sue, Emma, Cindy, Lamar Hail, Connie, Rachel Collins, Hanna, Mr. & Mrs. Ron Heckman, Jeri, Allie, Al, Bruce Stewart, Pam, Caroline, Tina D., Howard D., Christine, Madilyn Yeager, Jim DeMontigny Jr., Anita, Eric, Roger, Larry, Linda Kruger-Kleckler, Libby Wuethrich, Norman, Tina Cheeney, Dennis Bokemeier and Susan Anderson.

Prayer Chain

If you have a request for the Prayer Chain, please call the Church Office to submit your request at 815-369-5552.

We are also looking for anyone who would like to join the prayer chain. We send prayers through the phone chain and e-mail. You pray your own and pass on to the next person in the prayer chain. God hears our prayers.

If you are interested or have any questions, please feel free to contact the church office.



COME- visit with friends. Join us for Friendship Club

On August 8th (Thursday) at 12:30pm for potluck, music, devotion, fun, and fellowship! No reservation needed. Just show up! Entertainment by Bobby Edler and John Waelti.

Hope to see many of you at our next gathering!

Happy Birthday

	8/19	Bill Engel
	8/19	Brianna Kraft
8/2	8/19	Jacob Collier
8/3	8/21	Virgil Martin
8/5	8/21	Marlene Jones
8/5	8/21	Lydia Smith
8/7	8/21	Alec Aurand
8/7	8/23	Gia Schlichting
8/8	8/23	Kevin Huttenlocher
8/10	8/24	Donna Gullickson
8/10	8/24	Curt Diddens
8/11	8/25	Chad Baldauf
8/11	8/25	Emily Meyers
8/15	8/26	Ethan Fye
8/16	8/29	Pastor Miranda
8/18		Nikola Cornwell

Make-A-Smile cards for Lena Living Center

Each month we will send cards to the Lena Living Center. This is a simple yet profound way to share the love of Christ to the residents in the nursing home. We are responsible for 10 cards each month. If you would like to help with this ministry, just bring cards to church by the 10th of each month.

